

NPC IFBB Pro League GRL PWR Championships

**ALL EVENTS AT:
HYATT REGENCY ORLANDO**
9801 International Dr., Orlando, FL 32819

April 29, 2022 - FRIDAY EVENTS

5:00PM to 7:00PM - Athlete Check-Ins (Challenger 38-39)

7:00PM to 7:30PM – IFBB Pro Athlete Check-Ins (Challenger 38-39)

Group 1: 5:00PM to 6:00PM - Figure, Women's Physique, Fitness and Bodybuilding

Group 2: 6:00PM to 7:00PM - Bikini and Wellness

Group 3: 7:00PM to 7:30PM - IFBB Pro Bikini

4:00PM to 9:00PM - Tanning Services by ICE Services (Celebration 10)

April 30, 2022 - SATURDAY EVENTS

TBD - Make up & Tanning Services by ICE Services (Celebration 9-10)

6:00AM - Vendor Set Up - Vendors must be completely set up by 8AM (Windermere Foyer)

(Athletes please be wearing your badges)

7:15AM - Box office will OPEN - ALL TICKETS SALES ARE CASH ONLY (Windermere Foyer)

8:00AM – NPC Athlete Meeting (Windermere Ballroom)

8:30AM - Athletes report backstage (Schedule of Events Below)

9:00AM - IFBB PREJUDGING (Windermere Ballroom)

4:00PM - IFBB/NPC FINALS BEGIN (Schedule of Events Below)

SCHEDULE IS SUBJECT TO CHANGE

2022 NPC IFBB GRL PWR
Prejudging & Finals - Schedule of Events

WOMEN'S PHYSIQUE MASTERS 35+
OPEN WOMEN'S PHYSIQUE
FITNESS

WOMEN'S BODYBUILDING
TRUE NOVICE FIGURE
NOVICE FIGURE

MASTERS FIGURE (45+, 35+)
OPEN FIGURE

TRUE NOVICE WELLNESS
NOVICE WELLNESS
MASTERS WELLNESS

OPEN WELLNESS

TEEN BIKINI

TRUE NOVICE BIKINI

NOVICE BIKINI

MASTERS BIKINI (45+, 35+)

OPEN BIKINI

IFBB PRO LEAGUE MASTERS BIKINI

IFBB PRO LEAGUE BIKINI

(IFBB Pro Athletes will follow after NPC Portion of the show)

(Schedule is Subject to Change)